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Agency	Provided Services	Contact
Safe Children Coalition	Supports students ages 10-17. Offers individual and group counseling at school for students dealing with issues like anger, anxiety, communication, grief, sadness, family dynamics, attendance and more.	Youth Prevention/ Intervention Services  YPS@sccfl.org  941-955-5596
lightshare BEHAVIORAL WELLNESS & RECOVERY	Lightshare's vision is to break down barriers to care and provide comprehensive, affordable, and compassionate services for all individuals seeking behavioral wellness and recovery support.	941-RECOVER (732-6837) www.lightsharewellness.org
TRUEY  V. Empowerment  Awaysh Enrichment	Our mission is to promote positive self-esteem, education, confidence and character among youth and families. Strengthening communities by providing youth and families with vital skills to thrive as productive members of society.	Trulyvalued.org
Girls IIIC. of Sarasota County	Girls Inc. empowers girls, 5 to 18, to be self-confident, responsible, and well-rounded individuals by a combination of long-lasting mentoring relationships and delivering research-based, age appropriate, after-school, and summer education, teen advocacy program and sports programs.	(941) 366-6646 www.girlsincsrq.org Claudia Lagnese claudia@girlsincsrq.org
Big Brothers Big Sisters OF THE SUN COAST	Big Brothers Big Sisters of the Sun Coast provides one-to- one mentoring relationships to children ages 6-18 years old throughout the Suncoast.	Visit BBBSUN.org to enroll Or contact your school's guidance counselor for a referral
Forty Carrots Family Center	Youth and adolescents of all ages. Offers a broad range of mental health services; most commonly with youth who struggle with anxiety, depression or environmental factors like divorce or academics.	FortyCarrots.com Intake Line: 941-960-2565 ext. 354
Additional Resources		
988 SUICIDE & CRISIS  24/7 CALL, TEXT, CHAT	988 is confidential, free crisis service that is available to everyone 24 hours a day, seven days a week. The Lifeline connects people to the nearest crisis center in the Lifeline national network. These centers provide crisis counseling and mental health referrals.	Call or Text 988 or chat 988lifeline.org/
CRISIS TEXT LINE	The Crisis Text hotline is available 24 hours a day, seven days a week throughout the U.S. The Crisis Text Line serves anyone, in any type of crisis, connecting them with a crisis counselor who can provide support and information.	Text "HELLO" to 741741